Quarantine zine part one
So... today is May 22, 2020. It is months into quarantine, and a global pandemic. But small things make it okay, sometimes life even feels fun. Here are some of the things I’ve been doing to ride out quarantine:

**Crafts!**

- Paint my stapler!
- Zines! *Zine*
- Send a care package!
- Draw flowers!!
- Sew a pillow!
dream about... the future!

- read tarot
- daydream abt hanging with loved ones
- daydream abt Smooching!
- future tattoos/ piercings

Plan itineraries for future trips

What are you going to do when quarantine ends?

- picnic w/ friends!
- go thrifting!
- go to a concert!
- go to a party!
- feel the sweat of strangers!!!
other things to try...

- reorganize your room or the pantry!
- online shop from small businesses or depop!
- self care apps like Guardians: Unite the Realm
- try a youtube dance workout!

whatever you do, try not to dwell... that does not help.

With these tips + the support of your loved ones, I hope you're doing okay!

Love,

Kai